

Overcoming My Fear
2 Timothy 1:6-10

1. Fear Is _____. (Vs 7)

I Corinthians 2:3

"I was with you in weakness, in _____, and in much trembling.

- Sounds great, but _____ true.
- There are some things we _____ fear besides fear itself.
- God gave me certain fears to _____ me.
- They're _____ fears that help me stay alive.
- Not all fear is bad. But, _____ fears are.
- Today we call them _____.
- Those are _____, damaging, debilitating fears.
- They come from the _____.
- Fear is common. So, I am _____ alone.
Psalm 34:4
- God can _____ me from my fears.
- God wants _____ to be in control, not my _____.

2. Fear Can Be Damaging.

It affects _____ around me.

It hinders my _____.

It makes me _____.

It sabotages my _____.

- Fear can paralyze my _____. (V 6)
John 20:19

- Fear can affect my _____.
Genesis 3:10

- Fear can _____ . (V 8)
Matthew 25:25

It's one thing to fail and another thing to _____ to a spirit of failure.

Many great people have failed, but they didn't _____.

How Do I Overcome My Fears?

3 Key Gifts God Has Given Me:

1. God has given me a _____ of _____. (V7)
Luke 24:49

- God can _____ me with _____ from heaven.
- God can give me power to overcome my _____.
- This is _____ power.
- Fear takes over when I don't understand _____ you I am in Christ, and what God has _____ me.
John 8:32

- God did not give me a spirit of fear, I _____ it, and, if I learned it I can _____ it.
- I must challenge my beliefs with _____ .
- When I know the _____, it will set me free.
- Fear: _____ .

2. God has given me a spirit of _____ 1 John 4:18 (ESV)

- His _____ for me eliminates my fear.
- If I'm afraid, it shows I'm _____ fully convinced that God loves me.
- My love for God _____ my fear.

- The real question is not am I _____ enough, but do I _____ enough?
- Have I received _____ _____?
- I will never be released from my fears _____ I experience the grace & forgiveness of God's love.
- I must experience God's love & forgiveness to _____ forgiven and be _____-free.

3. God has given me a _____ _____.

- Satan can only hurt me by _____ me suggestions.
- What I do with them is my _____.
Ephesians 6:16
- Faith is more than just believing, faith is _____.
- It is moving against my _____ and facing them.
Psalm 56:3
- The answer to my fears is a _____, not a formula.