

Balancing My Personal Life (Part 1)
Luke 2:41-52

Ecclesiastes 3:1

Four areas of life I need to balance:

1. I need _____ balance. (V 52)
1 Peter 1:13

How to develop my mind:

- ✓ Guard _____ to my mind.
2 Corinthians 10:5

Four ways I can treat my mind:

- _____ it.
Psalms 101:3
Romans 16:19
- _____ it.
1 Corinthians 10:23
- _____ it.
- _____ it.
Psalm 119:11

Romans 12:2

Joshua 1:8

- ✓ Continue _____.
Proverbs 19:8

Matthew 28:19

Proverbs 11:2

Suggestions to keep mentally sharp:

- Schedule _____ just to think.
1 Thessalonians 4:11
- Develop a personal _____.
2 Timothy 4:13 (NLT)

➤ Associate with _____ people.
Proverbs 13:20

➤ Ask _____.
Proverbs 20:5 NLT

2. I need _____ balance. (V 52)
1 Corinthians 6:19-20

Romans 12:1

✓ Develop a _____ toward my body.
Psalm 139:13-14

✓ Decide to make _____ changes.
1 Corinthians 6:20

1 Thessalonians 4:4

✓ Balance my _____.
1 Corinthians 6:12

Leviticus 3:17

Proverbs 25:27

✓ Commit to a regular _____ plan.
1 Timothy 4:8

✓ Get _____ sleep and rest.
Mark 6:31-32

✓ Live in _____ with God and others.
Proverbs 14:30